

## **Guidelines: Development of a consistent approach towards marriages in Gurdwaras where one partner is not of Sikh origin**

The guidelines below have been developed through a comprehensive consultation, which took place over a 2-year period. In developing the guidelines Sikh Council UK consulted with Gurdwara Sahib Committees, Sikh Organizations and individuals. Consultation methods included: emails, mail to Gurdwaras across UK, regional meetings, workshops, telephone conversations, and face to face discussions.

Below is the 5<sup>th</sup> and final version of the guidelines as approved by the General Assembly of Sikh Council UK on 11<sup>th</sup> October 2014.

### **1. Purpose**

1.1. The purpose of this document is to progress towards agreeing a consistent approach to Anand Karaj (Sikh marriage) ceremonies across Gurdwaras in adherence to the Panth Parvaan Sikh Rehat Maryada (the Sikh code of conduct & conventions) for circumstances where one partner is not of Sikh origin.

**1.2. There are many communities, which have a historical tradition of following many tenets of the Sikh Faith and regularly engage in religious ceremonies and contribute to the Gurdwaras. This document does not address any issues relating to their practices as it is a subject of separate discussion as to how they can be supported to better understand and follow the Sikh Rehat Maryada.**

### **2. Background**

2.1 On several occasions considerable discussion has taken place in the Executive of the Sikh Council UK reiterating the need to set out a process to ensure that marriages take place in accordance with Sikh Rehat Maryada and the supporting Sandesh (edict) of Sri Akal Takhat Sahib (as attached). The matter has also been discussed by the Board of Jathedars.

2.2 The Sikh Rehat Maryada Article XVIII clause k states that “ਅਨਮਤ ਵਾਲਿਆਂ ਦਾ ਲਵਾਹ ‘ਅੰਣ’ ਰੀਤੀ ਨਾਨਿਹੀ ਹੋ ਸਕਦਾ |” meaning persons professing faiths other than the Sikh faith cannot be joined in wedlock by the Anand Karaj ceremony. Also at XVIII clause b, “ਲਾਖੀ ਦੀ ਪਿੱਤਰੀ ਦਾ ਲਵਾਹ ਲਾਖੀ ਨਾਗਿਰੋਵੇ |” meaning a Sikh’s daughter must be married to a Sikh. In the Sikh spirit of gender equality, it is implied that a Sikh’s son must also be married to a Sikh.

2.3 On 16 August 2007 Sri Akal Takhat Sahib issued a Sandesh clarifying that the Anand Karaj ceremony can only be conducted for Sikhs and that any person of non-Sikh origin

wishing to take part in an Anand Karaj must adopt the Sikh faith and have Singh or Kaur added to his or her name on relevant identity documents.

- 2.4 In spite of this clear guidance marriages have taken place in Gurdwara's where one partner is not a Sikh.
- 2.5 There are examples where the partner claims to have accepted Sikhism and goes through a sham wedding in a Gurdwara to appease the parents of the Sikh partner. In other examples two religious ceremonies take place one in the Gurdwara and the other at the religious place of worship of the non-Sikh partner.
- 2.6 Some examples have emerged where the Anand Karaj has taken place without the non-Sikh partner accepting the Sikh faith. Then the Sikh partner is converted for the second religious ceremony. A particular example illustrates this issue whereby a Sikh girl had an Anand Karaj first and then had a church wedding where she was converted to Christianity. Sadly she died shortly afterwards and she was buried according to Christian rites. It was only at this point the distraught family realized what had actually happened.
- 2.7 Mainly as a result of some Gurdwara management committees not adhering to the Sikh Rehat Maryada, examples have emerged of local tensions and there continue to be risks of breach of the peace and litigation. The development of a consistent approach aims to prevent this predicament in the future.
- 2.8 The responsibility lies both with individuals and Gurdwaras to ensure that there has been a formal acceptance of the Sikh religion. The definition of a Sikh in the Rehat Maryada is: **"Any human being [man or woman] who faithfully believes in: One Immortal Being; Ten Gurus, from Guru Nanak Dev to Guru Gobind Singh; the Guru Granth Sahib; the utterances and teachings of the ten Gurus and the baptism bequeathed by the tenth Guru and who does not owe allegiance to any other religion, is a Sikh."**
- 2.9 From a practical point of view it is important to ensure that there is a genuine acceptance of the Sikh faith, a commitment to live the life of a Sikh and to also raise any children as Sikhs.
- 2.10 It is noted that there is considerable variation in practices of Gurdwaras towards testing the genuine intention to accept the Sikh faith. Some Gurdwaras have developed good practice and the proposed approach builds upon it.

### 3. Proposed Approach to ensure adherence to the Sikh Rehat Maryada

- 3.1 Any person wishing to exercise the choice to marry in a Gurdwara Sahib through the Anand Karaj ceremony must sign a declaration (**Appendix 1**) that confirms:
  - He or she is a Sikh, believes in the tenets of the Sikh faith and owes no allegiance to another faith.

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- He or she will adopt Singh (for males) or Kaur (for females) in his or her name as his or her middle name or surname.
- The Anand Karaj ceremony will be the only religious ceremony that the person will take part in for the purposes of marriage.
- He or she will endeavor to bring up any children from his or her marriage as Sikhs, to give them the middle name or surname Singh (for male) or Kaur (for female), to teach them Punjabi and the tenets of the Sikh faith .

#### 4. Proposed procedure for Gurdwaras

4.1 To implement the above proposals, Gurdwaras are encouraged to adopt a procedure for meeting the couple prior to the Anand Karaj. The following procedure is recommended:

- Upon receiving a request for a booking for an Anand Karaj to invite the couple to the Gurdwara (preferably together but individually where this is not possible).
- The Gurdwara will assign trained individuals who are fluent in English and Panjabi to meet the couple to discuss about the Anand Karaj and the declaration. The couple will be asked to reflect on the discussion and will be provided with literature on the Anand Karaj and the Sikh faith.
- The couple will be invited back to the Gurdwara after two or so weeks to discuss any issues or questions and satisfy themselves that they understand the meanings of what they are accepting and agreeing to.
- If the couple are in agreement and willing to sign the declaration and the Gurdwara is satisfied of this, the Gurdwara representative will ask the couple to sign the declaration and in the case of individuals of formerly non Sikh origin to present the relevant identity documents. A Gurdwara representative should witness the declaration signatures.
- In the case of an individual of non-Sikh origin, the Gurdwara will arrange for an Ardas to be said and for him or her to be welcomed into the Sikh faith. An English/Gurmukhi Gutka should ideally be given with a Kara.
- At the Anand Karaj the couple will be reminded of their commitment before the ceremony and after the ceremony be welcomed to the faith and community as a couple.

4.2 It is further recommended that Gurdwara managements should ensure the couple has awareness of the following basic Sikh tenets:

- Belief in only One God

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- The ten Gurus from Guru Nanak through to Guru Gobind Singh Ji and their teachings
- That receiving the gift of Amrit (Khandey de Pahul) as the aspiration of every Sikh at some point in their life
- Sri Guru Granth Sahib Ji is the embodiment of the Sikh doctrines and the eternal Guru
- Not to pay homage to or worship any other deity or person
- Renounce all superstitions and to go about daily life whilst connected to the one Akal Purakh (Timeless Lord)
- Learn and understand the Mool Mantra
- Understanding of the rehits and kurehits (cardinal sins)

4.3 Where a couple chooses to undertake a civil marriage in a Registry Office they should be offered the opportunity to hold an Ardas, Sukhmani Sahib Path, Akhand Path or other service to celebrate their union as husband and wife in the presence of their family, relatives and friends.

## 5. Documents

5.1 A standard declaration (Appendix 1) is provided to assist Gurdwara managements.

5.2 Where a Gurdwara is unable to conduct the Anand Karaj Ceremony in any case due to non-compliance with the requirements set out in this policy, the Gurdwara will inform the couple clearly and without delay. The Gurdwara may wish to confirm the same in writing to the couple for further clarity and to this end a standard letter (Appendix 2) is provided to assist Gurdwara managements.

**Declaration for Anand Karaj**

I (name).....

voluntarily declare and affirm that:

1. I am a Sikh, that I believe in the tenets of the Sikh faith and that I owe no allegiance to any other faith.
2. I have or I will adopt Singh (for male) or Kaur (for female) in my name as my middle name or surname.
3. The Anand Karaj ceremony will be the only religious ceremony that I will take part in for the purposes of marriage.
4. I will endeavor to bring up any children from my marriage as Sikhs, to give them the middle name or surname Singh (for male) or Kaur (for female), to teach them Punjabi and the tenets of the Sikh faith.

Signed:

Date:

Name:

Address:

Witness Signature:

Date:

Witness Name:

Witness Address:

## **Appendix 2**

(On Gurdwara letterhead paper)

[Date]

Dear [name] and [name],

With regret, we write to inform you that we are unable to conduct an Anand Karaj (Sikh wedding) ceremony for you.

The Sikh Rehat Maryada, Article XVIII, clearly states that "Persons professing faiths other than the Sikh faith cannot be joined in wedlock by the Anand Karaj ceremony".

The Sikh Rehat Maryada is the accepted Sikh code of conduct promulgated by the Akal Takhat, which is the supreme temporal authority of the Sikh faith.

The Akal Takhat has issued further clarification by way of a Sandesh (edict) dated 16 August 2007, that a person of non-Sikh origin who wishes to undertake the Anand Karaj ceremony must adopt the Sikh faith and have Singh (for males) and Kaur (for females) as his or her middle or surname (the 'August 2007 Sandesh').

If, on reflection, you feel that you are able to meet with the above requirements, please do contact us and we will be more than happy to assist you.

If you choose to be married in a civil ceremony elsewhere, we would be happy to discuss with you holding some other form of service at the Gurdwara, such as an Ardas, a Sukhmani Sahib paath, an Akhand paath, to celebrate and commemorate your union as husband and wife. .

In any event, we would like to emphasize and reassure you that you are both welcome at the Gurdwara as members of the congregation, both individually and as a couple. The Sikh faith is open to all without distinction and we very much encourage you to attend.

Yours sincerely,

[name]

[position]

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