

## ARDAS (PRAYER)

Ik Ongkar, Waheguru Ji Ki Fateh...

Sri Bhagauti Ji Sahae. Var Sri Bhagauti Ji Ki Patshahi 10 (Dasmeh).

Pritham Bhagauti simar kai, Gur Nanak lain dhiae. Phir Angad Gur te Amar Das, Ram Dasai hoin sahae. Arjun, Hargobind no, simrau Sri Har Rae. Sri Harikishan diaiai, jis dithe sabh dukh jae. Gur Teg Bahadar simriai, ghar nau nidh avai dhae. Sabh thain hoe sahae. Dasvan Patshah, Sri Guru Gobind Singh Sahib Ji, Maharaj, sabh thain hoe sahae. Dasan Patshahian di jot, Sri Guru Granth Sahib Ji de path didar da dhian dhar ke.

Boloji, Khalsajii,

Sat Nam! SIRI WHAHE GURU! \*\*

\*\* To the One Creator of Creation, the All Glorious and All Victorious Being...We ask Thy blessing on us all. To Thee we offer this prayer as recited by the Tenth Guru.

After first worshipping the Adi Shakti, the Primal Power, let us meditate on Guru Nanak, Guru Angad, then Gurus Amar Das and Ram Das, may they grant us their protection. Remember Gurus Arjun, Hargobind and Siri Har Rai. Meditate upon Siri Har Krishan, upon seeing whom all sufferings shall depart. Meditate on Guru Teg Bahadur and the nine treasures shall come to us. May he grant us every assistance. Great, great is Guru Gobind Singh, Protector of the Faith and Master of the Unity, may he protect us everywhere. Remember the Light of the Ten Gurus, the Living Guru, the Word of God and Truth of truths, the Siri Guru Granth Sahib. Meditating on its Words, all sufferings vanish.

Meditate, Oh Khalsaji!

Sat Nam! SIRI WHAHE GURU! –

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Remember the four sons of the Tenth Master, the Five Beloved Ones, the Forty Liberated Ones, the Four Holy Thrones, all the dwelling places of the Guru;

Meditate, Oh Khalsaji!

Sat Nam! SIRI WHAHE GURU!

Those who were true to the Guru, who meditated on the Nam, who shared their earnings and sacrificed for righteousness;

Think of their deeds, Oh Khalsaji!

Sat Nam! SIRI WHAHE GURU!

Remember those who were broken by the wheel, cut up limb by limb, who gave their scalps but not their hair, and those ladies, who for the sacrifice for the Truth, gave their dear children and suffered through hunger and pain at the hands of the enemy, but never gave up their faith and their determination to live according to Sikh Dharma, with all their hair to their last breath.

Meditate, Oh Khalsaji!  
Sat Nam! SIRI WHAHE GURU!

Oh Lord, bless Thy devotees to ever live in the righteousness of true disciples.  
Give us the life of the living principle of the Guru's discipline.

Grant us the insight, the trust and the blessing of blessings, Thy Name; and a  
sight and dip in the nectar tank of Thy Holy Harimander Sahib.

May all flags of the Khalsa, all seats of religious authority, our ashrams and  
homes prevail through all times.  
Now call on God, Oh Khalsaji!  
Sat Nam! SIRI WHAHE GURU!

Now let us again offer our prayer, let us again remember the Name,  
WHAHE GURU! WHAHE GURU! WHAHE GURU!  
As we think of Thee Oh Lord, so may we be blessed.

May God's Grace and Protection extend to all bodies of the Khalsa, wherever we  
may be.

May the Lord's Glory be fulfilled and God's Will prevail.

May we receive victory from the sword of righteousness (degh) and the charity of  
brotherhood and sisterhood (tegh).

May the Holy Sword of God assist us.

May the Khalsa always prevail.

May the choirs of devotees, our banners and mansions abide forever and ever.

May the realm of justice come.

May the disciples unite in love.

May the disciples be humble but our wisdom be exalted in the keeping of the  
Lord.

Oh Khalsaji, say that God is Great!  
Sat Nam! SIRI WHAHE GURU!

Oh True King, Oh Universal Mother, in the ambrosial hours we have sung Thy  
sweet hymns, heard Thy life giving Word and reflected upon Thy manifold  
blessings. May all these things find a loving place in our hearts and serve to draw  
our souls closer to Thee.

Save us, Oh Lord, from the five sins of lust, anger, greed, pride and attachment, but keep us always attached to Thy Lotus Feet.

Grant to us the gift of Sikh Dharma, the gift of Thy Name, the gifts of faith and confidence in Thee and of reading and understanding Thy Holy Word.

Oh kind Father, Oh loving Mother, it is by Thy Grace that we have been granted peace and happiness. May Thy Grace extend to our labors of each day so that we may do what is right according to Thy will. Please give us the light and understanding so that we may know what pleases Thee.

We further offer this prayer in Thy Presence, Oh Lord, to/for...

(Note: Continue as Spirit directs, also asking for the Lord's blessing of the Gur Prashad and Guruka Lungar when appropriate.)

Please forgive us our sins. Help us that we may keep ourselves pure. Let us always be in the company of people of love and may we remember Thy Name in their presence.

Through Nanak may Thy Name forever increase and Thy Spirit be exalted, and may all people prosper by Thy Grace.

Nanak Nam, charhdi kala, tere bhane, sarbat da bhala.

Whahe Guru ji ka Khalsa! Whahe Guru ji ki Fateh!