



ACT

Our Mission, Our Goal, and Our Method

Akal Committee 13, aka Akal Committee Thirteen (ACT), has evolved from an ad hoc, limited-focus group, to a social action organization with unlimited scope and an undying commitment.

Mission

ACT's mission is to promote chardi kala (state of bliss) throughout the world. Our scope of service includes promoting diversity and cultural competency as taught by [Guru Nanak Dev Ji](#), thereby bringing attention to issues of color and caste, for the purpose of uplifting people who have a history of being marginalized. ACT uses social media and other means as platforms to inform people about the life experiences and concerns of marginalized groups and individuals, and bring awareness regarding the necessity for social change, social justice, inclusion, compassion, tolerance, cultural literacy, and growth in our human relations, in order to better facilitate the current worldwide shift in global consciousness from tribalism, instability, and extremism – towards harmony, cooperation and enduring peace.

Goal

Our goal is to advocate and teach [Kundalini Yoga](#), as directed by [Yogi Bhajan](#), for which we seek the assistance of organizations not only in the United States, but also in India and around the world. To achieve this goal ACT will use social media, teacher training, and more. Our commitment is to afford every person the opportunity to explore the deepest potentials of his or her human spirit. To fulfill this goal, we will inspire each person to: (a) maintain an awareness of everyone's longing for inclusion, and their innate longing to belong within our global family; (b) respond with compassionate consideration and sensitivity to differences of: gender, race, culture, religion, ethnicity, economic conditions, social status, psychological challenges, and philosophical differences that exist in all human interactions.

Method

ACT utilizes the [Word](#) and Wisdom of the [Guru](#), and the technology of Kundalini Yoga as taught by the Siri Singh Sahib, aka Yogi Bhajan. These powerful technologies expand awareness and uplift humanity without the use of drugs or any external stimulation.

In service and in humility, we are,

[Akal Committee Thirteen](#)