

Ashram Rules

Sat Nam!

Welcome to Guru's house!

Guru's house is a conscious household. This means:

- 1.) Guru's house is a lights out quiet zone every day after 10:00 PM for early morning Sadhana.
- 2.) Do not eat other people's food as it may have a special purpose. Guru's house rule is: If you did not purchase it, leave it alone.
- 3.) Guru's house is kept tidy and clean. Clean up after yourself.
- 4.) If someone leaves a mess, clean up after them.
- 5.) Personal and bathroom hygiene is important. Clean up, and pick up after yourself for the sake of others.
- 6.) Guru's kitchen is a common area, which needs to be kept tidy. If you use any utensils, wash them and put them back where they belong.
- 7.) People can trip and fall over items left out. Organize your things and keep them together so as to not create a trip hazard.
- 8.) Guru's house is a drug-free zone. Illegal drug possession and use is not permitted.
- 9.) If you have any question about any rule, ask!
- 10.) If all else fails, apply God's 11th Commandment: "Don't make me come down there."

Enjoy your visit. --